

Queensland Haemophilia Centre

# Haemophilia

## When and who to contact

### General Practitioner or Medical Centre

It is very important that your child has a regular general practitioner (GP) as this is your link to a health care provider in the community. Your GP can help you and your child manage common childhood illnesses not related to your blood disorder, regular vaccinations, and health care referrals to specialists.

### Sick Day Action Plan (for conditions unrelated to haemophilia)

Sometimes children with haemophilia will have common childhood illnesses or conditions, such as cold or flu like symptoms, ear infections and skin conditions. If you are experiencing any of these symptoms you should visit your GP or nearest medical centre to have your child reviewed. If your GP has further concerns, he/she can contact your health care team. **If your child has a port-a-cath and has any fever greater than 38<sup>0</sup> you must contact your haemophilia team.** An infection in the port-a-cath is always suspected when a child with a port-a-cath has a fever.

### Medical Emergency Action Plan (related to haemophilia)

You will have been given specific information related to your child's haemophilia and the warning signs of a more serious condition. Your health care team considers these symptoms a sign of an emergency and you should take immediate action. Please contact the Haemophilia team for advice or present to your nearest hospital emergency department. If your child is very unwell call for an ambulance on 000.

### Symptoms

#### Some of the symptoms that may indicate a serious condition include

- Bleeding into a joint or muscle; swollen, warm or very painful joint /muscle.
- Any head injury including a change in level of consciousness.
- Nose bleed not stopping after 20 minutes after applying constant pressure.
- Shivering/ unwell / feels cold after accessing the port-a-cath, including pale with no energy or rigors (shivers and shakes.)
- If your child has a port-a-cath and has any fever greater than 38<sup>0</sup>.
- Difficulty breathing
- If you are not sure if the bleed is serious or not and/or if the bleed is not resolving after two doses of factor.

REMEMBER: Your child will be seen by a doctor in the Emergency department. The Emergency team will contact the haematology consultant on call to discuss your child's condition.

## Enquiries

- **Non-urgent**

Please email [LCCH-Haemophilia@health.qld.gov.au](mailto:LCCH-Haemophilia@health.qld.gov.au) if you need assistance with stock and supply orders, travel letters for your medication, school health action plans, or information on port or vein training. Please allow five working days for us to action these requests.

- **Clinic appointments**

Please call the Outpatient Bookings Office on 1300 762 831 or email [LCCH-Outpatients@health.qld.gov.au](mailto:LCCH-Outpatients@health.qld.gov.au). Please ensure an indefinite (ongoing) referral from your GP has been sent to the referral centre (Fax Number 1300 407 281.)

- **Outreach or telehealth appointments**

Please email any queries about these clinics to [LCCH-Haemophilia@health.qld.gov.au](mailto:LCCH-Haemophilia@health.qld.gov.au).

- **Blood results** (Urgent/ Routine test/ Follow up) - Your health care team will contact you if required.

- **Medication Scripts**

Ideally scripts should be requested at your regular review appointment. If your child has a repeat prescription please check with Pharmacy how many repeats you have left and if you need a new script.

- Pharmacy (Level 2e) open from Monday to Sunday 9am - 5pm phone: 3068 1934.
- For Repeat Prescriptions call (07) 3068 1993 (press 1 and leave a message) or email [LCCHPrescriptionRepeat@health.qld.gov.au](mailto:LCCHPrescriptionRepeat@health.qld.gov.au).

## For medical issues related to your child's haemophilia

Monday – Friday (8am - 4pm)	After hours, weekends and public holidays
Haemophilia mobile 0438 792 063	Contact the Lady Cilento Children's Hospital switch on 3068 1111 and ask for the Haematology Consultant on-call
Doctor (Registrar) (07) 3068 4562	
Physiotherapist (07) 3068 1853 Pager 91589 (via switch)	
Psychologist (07) 3068 4180	

## Useful patient and family resources

- Children's Health Queensland website [www.childrens.health.qld.gov.au/lcch/](http://www.childrens.health.qld.gov.au/lcch/).
- Clinical Equipment and Consumables  
Central Resource Service (CRS) - (07) 3068 4720 or [CHQ\\_CRS@health.qld.gov.au](mailto:CHQ_CRS@health.qld.gov.au)