

Child Health Service

Infant feeding and parent support program



The Infant Feeding and Parent Support Program is a centre-based service for parents of children with infants under the age of six months. A child health nurse will discuss your infant's feeding and behaviour and work with you to develop a care plan that meets your family's needs.

What does it involve?

The program includes an extended consultation of up to six hours, however the length of stay will be discussed with you on the day.

What facilities are at the centre for families?

- A microwave oven and refrigerator
- Tea and coffee making facilities
- A bassinet or cot for baby (sheet included)
- Breast pumps

What to bring with you

For your baby

- Clothes/baby needs (including nappies, toys and any medication).
- Your baby's Personal Health Record (red book).
- If breastfeeding, a sterilised container or bottle to transport expressed milk if required (include any lactation aids you are currently using).
- If formula feeding, sterilised bottles, teats and your infant formula. Sterilising equipment.
- Personal esky (including cool packs) to transport and store milk feeds if using expressed breast milk or formula.

For you

- Food (morning tea and lunch).

Things to note

- You will receive a text message or phone call to confirm your appointment.
- If your baby is unwell, or if you are unable to keep your appointment, please call us as soon as possible so that your appointment time can be offered to another family.
- The Child Health Service supports current recommendations for safe sleeping. All infants will be positioned on their backs to sleep.

Contact us

For more information about Child Health services in your area or to book an appointment call **1300 366 039**. Telephone line is open 8.30am to 4.30pm, Monday to Friday (excluding public holidays).

This service is available at the following locations:

Beenleigh
84 York Street

Coorparoo
236 Old Cleveland Road

Keperra
49 Corrgian Street

North Lakes
9 Endeavour Boulevard

Nundah
10 Nellie Street

Strathpine
568 Gympie Road

www.childrens.health.qld.gov.au/community-health/child-health-service

For further support

Call 13 HEALTH (13 43 25 84) 24 hours, 7 days and ask to speak to a Child Health Nurse
Parentline 1300 301 300 | www.parentline.com.au
Breastfeeding helpline 1800 686 268

