

## Child Health Service

# Parenting support and early feeding drop-in clinics



**A free service for parents in the first 12 weeks after discharge from hospital. No appointment required.**

An initial, brief discussion with a child health nurse regarding any issues or concerns in the early weeks. This discussion may include:

- infant feeding and sleep
- breastfeeding support and advice.

The nurse can arrange an ongoing appointment with the child health service as required.

## Clinic days and hours

Parenting support and early feeding drop-in clinics are located across the greater Brisbane metropolitan area. The tables below list clinic days.

Overleaf you will find a list of the addresses for these clinics.

All clinics are open between **9am and 12pm** (midday) on the days specified in the tables below (closed on public holidays).

As this is a drop-in clinic you may experience a wait during busy times.

## Northern suburbs

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Alderley Caboolture Deception Bay Kallangur	Alderley Burpengary Nundah Redcliffe Strathpine Indooroopilly	Alderley Caboolture Kallangur Nundah	Alderley Deception Bay Strathpine	Alderley Caboolture Indooroopilly Kallangur Nundah Redcliffe

## Southern suburbs

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beaudesert Mt Ommaney Springwood Wynnum	Acacia Ridge Coorparoo Cleveland Logan Central	Beenleigh Coorparoo Hillcrest Wynnum	Inala Jimboomba Mt Gravatt East Springwood	Cleveland Hillcrest Logan Central



## North Brisbane clinic locations

### **Alderley**

Shop 4, 24 South Pine Road

### **Burpengary**

Burpengary Meadows State School Early Years Centre  
Kurrajong Drive

### **Caboolture**

Caboolture Early Years Centre  
Corner Tallon and Manley Streets

### **Deception Bay**

Moreton Medical Centre  
Market Square Shopping Centre  
Corner Bay Avenue and Deception Bay Road

### **Indooroopilly**

Corner Lambert and Clarence Roads

### **Kallangur**

126 School Road

### **Nundah**

10 Nellie Street

### **Redcliffe**

181 Anzac Avenue

### **Strathpine**

568 Gympie Road

## South Brisbane clinic locations

### **Acacia Ridge**

Acacia Ridge Early Years Centre  
67 Nyngam Street

### **Beaudesert**

Beaudesert Early Years Centre  
4 Michaelina Drive

### **Beenleigh**

84 York Street

### **Cleveland**

Redland Health Service Centre  
3 Weippin Street

### **Coorparoo**

236 Old Cleveland Road

### **Hillcrest**

Browns Plains Community Health Centre  
Corner Wineglass Drive and Middle Road

### **Inala**

64 Wirraway Parade

### **Jimboomba**

Caddies Community Centre  
19-33 South Street

### **Logan Central**

97-103 Wembley Road

### **Mt Gravatt East**

18 Badminton Street

### **Mt Ommaney**

171 Dandenong Road

### **Springwood**

16 Cinderella Drive

### **Wynnum**

130 Florence Street



Updated: January 2018

## Contact us

**t** Child Health Service 1300 366 039

**t** Breastfeeding helpline 1800 686 268

**t** 13 HEALTH (13 432584) 24 hours, 7 days and ask to speak to a Child Health Nurse for child health related telephone advice

**w** [www.childrens.health.qld.gov.au/community-health/child-health-service](http://www.childrens.health.qld.gov.au/community-health/child-health-service)