

# Project ECHO®

## Frequently asked questions



### 1. What is Project ECHO®?

Project ECHO® connects primary care teams, education and human service professionals with experts, using free, on-line and interactive case-based learning sessions. Project ECHO® encourages 'all teach, all learn' for participants to share knowledge, discuss cases, and develop new skills. It is an international model that was adopted by CHQ in 2016 with plans to implement throughout Australasia. The goal is to create a space for you to learn from specialists and from other primary care providers working towards the same goals. At CHQ we are offering 7 different series: ADHD, Kids Behavioural & Mental Health, Supporting Teams Caring for Type 1 Diabetes, Clubfoot & other Foot Anomalies, Overweight & Obesity, Paediatric Persistent Pain and Supporting Refugee Kids.

### 2. What should I expect to get out of participating in CHQ ECHO® sessions?

ECHO® is designed to support you in your role supporting children and young people and their families. The curriculum will cover key topics, and the specialists on the team will be available to answer your questions and provide input as the group discusses case presentations at each session. By the end of the curriculum, you will feel better equipped to support children with the chronic, complex and chronic condition as per the series you've signed up for.

### 3. Who should participate in ECHO®?

We welcome health professionals (including medical, nursing & allied health), education professionals (teachers, guidance officers, school principals, early childhood educators) and human service professionals (youth workers, members of advocacy and support organisations) supporting a child or young person with the chronic condition as per the series topic (e.g. ADHD, T1D). Participants are encouraged to bring members of their team to participate in the discussions.

### 4. What is expected of me as a participant?

Participants will commit to attending the scheduled ECHO® sessions. At each session, you will share your knowledge and learn from other participants, and are encouraged to present a case over the course of the program. After you complete a series' curriculum, you are also welcome to re-join the series for a once-off case presentation at any time, as you need.

### 5. How much time will participating in ECHO® take each week?

Most series involve either weekly or fortnightly sessions, for 1 hour. If you're submitting a case, you should plan to spend some time filling out the case presentation form.



#### Contact us

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## 6. What does a case presentation include?

In order to share a case presentation, simply complete the case template (you will receive this via email) and email to the Clinic Coordinator. There are several things to keep in mind when preparing a case presentation:

- Have a clear question that you want input on – the more specific the better – and be ready to go over the details with the group.
- You don't need to provide comprehensive information on the case. Sometimes, providing only the key points is better, as this provides a rich discussion opportunity for the expert panel and other participants to ask questions and provide you with more support and guidance.
- *NO Personal Health Information* – all case presentations are *de-identified* and should not include any potentially identifiable data. When in doubt, leave it out.

## 7. Do I get CPD points for participating?

For GPs, series attract 40 Category 1 points, accredited as an active learning module through the RACGP QI&CPD Program (2017-2019 Triennium) and 30 Category 1 points through ACRRM. For all other professionals, we will provide attendance certificates as needed for relevant professional bodies.

## 8. Do I have to attend every session?

Please make every effort to attend the sessions. GPs must attend 6 out of 10 sessions to be eligible for CPD points. One of the valuable aspects of the ECHO® program is the community that develops. If 'life' gets in the way, and you are unable to commit, there is flexibility for you to complete the curricula over multiple series. For further details, please contact the Clinic Coordinator at [ECHO.CHQ@health.qld.gov.au](mailto:ECHO.CHQ@health.qld.gov.au)

## 9. What are ECHO® sessions like?

ECHO® sessions are interactive and conversational. Each session will include a short didactic presentation for about 10 minutes, then we'll spend the rest of the time discussing one or two cases. We encourage everyone to participate in these discussions, and all input is welcome. Here is an example video from Presbyterian Health in the United States: <https://youtu.be/k809-WBHPEA>

## 10. How do I access the sessions?

ECHO® uses a technology called Zoom for the sessions. Before the series launches, there is an opportunity for you to run a test with the Clinic Coordinator. If you need a webcam, these can be loaned. The Clinic Coordinator will email you calendar appointments with the Zoom links prior to commencement of the series – check your junk mailbox if you haven't received these yet.

## 11. What can I expect from the ECHO® team?

The ECHO® team is here to support you. Each ECHO® session focuses on a specific topic relevant to treating and supporting cases, and we'll ask for your input along the way to make sure the discussions are useful. The interdisciplinary panel team will also provide care recommendations for each case presented during a session.

For more information, check out our website:

<https://www.childrens.health.qld.gov.au/chq/health-professionals/integrated-care/project-echo/>



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