

# Pre-Referral Guidelines

## Child Health Service, Child and Youth Community Health Service

Prevention and early intervention services for parents/carers of children throughout Greater Brisbane metropolitan area

### Universal Programs: Parents/carers can self-refer to the universal programs

- Newborn Drop-In Clinics (0 - 4 weeks post discharge from maternity hospital)
- Key Age Assessments (as per Personal Health Record)
- Parent Groups – Early Parenting Groups (0 - 3 mths), Parenting Toolkit Seminars (4 - 6 mths, 10 - 12 mths & 16 - 18 mths), Group Triple P (parents of children 2 - 8 years)

### Targeted Programs: Require initial Child Health Service assessment

- **Infant Feeding and Parenting Support**  
Infants under 6 months of age with concerns related to infant feeding and associated behaviours.
- **Early Intervention Clinicians**  
Individual consultations with psychologist or social worker for children aged 0-8 years who have parents/caregivers identifying difficulties with care-giving capacity, attachment, and/or child behaviour particularly where there are parental mood difficulties/other stressors impacting on family functioning.
- **Postnatal Wellbeing Group**  
Women with infants under 12 months of age at risk of poor emotional wellbeing or adjustment to parenting.
- **Circle of Security Parenting Group**  
Parents/carers of children aged 0 - 8 years with, or at risk of, experiencing difficulties in the parent-child relationship.

### Targeted Programs: Require referral from Health Professional (e.g. GP, Allied Health)

[www.childrens.health.qld.gov.au/wp-content/uploads/2016/01/child-health-service-referral.pdf](http://www.childrens.health.qld.gov.au/wp-content/uploads/2016/01/child-health-service-referral.pdf)

#### Other referral options

- If main concern is developmental and/or learning difficulties refer to Child Development Program  
[www.childrens.health.qld.gov.au/community-health](http://www.childrens.health.qld.gov.au/community-health)
- If main concern is severe primary emotional disorder refer to Child & Youth Mental Health Service  
[www.childrens.health.qld.gov.au/mental-health](http://www.childrens.health.qld.gov.au/mental-health)

#### Information required in referral

- Main reason for referral including parent goals
- Relevant medical history, child's general health, antenatal or perinatal factors such as drug/alcohol exposure, pre-term delivery or low birth weight
- Relevant developmental history, child's developmental progression, speech and language, cognition/learning/attention, fine and gross motor, social emotional/play/behaviour, self-care
- Relevant psychosocial and family history, stress/anxiety/trauma, relationship issues, mood difficulties, substance use, disability, child protection concerns, literacy/language considerations, sibling issues, and any protective factors within the family/community
- Supporting information or previous reports from medical specialists or other agencies.

#### Contact Information for Child Health Service

[www.childrens.health.qld.gov.au/community-health](http://www.childrens.health.qld.gov.au/community-health)

Brisbane South	Brisbane North
<ul style="list-style-type: none"> <li>• <b>Beenleigh</b> Ph: 3827 9833</li> <li>• <b>Browns Plains &amp; Beaudesert</b> Ph: 3412 3182</li> <li>• <b>Cleveland</b> Ph: 3488 4222</li> <li>• <b>Coorparoo</b> Ph: 3847 0902</li> <li>• <b>Inala</b> Ph: 3275 5460</li> <li>• <b>Logan Central</b> Ph: 3387 5393</li> <li>• <b>Springwood</b> Ph: 3299 4106</li> <li>• <b>Wynnum</b> Ph: 3396 1823</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Caboolture</b> Ph: 1300 366 039</li> <li>• <b>Keperra</b> Ph: 1300 366 039</li> <li>• <b>North Lakes</b> Ph: 1300 366 039</li> <li>• <b>Nundah</b> Ph: 1300 366 039</li> </ul>
Fax: 3068 3739 Email: <a href="mailto:CHQ-CH-Referral-Sth@health.qld.gov.au">CHQ-CH-Referral-Sth@health.qld.gov.au</a>	Fax: 3068 3719 Email: <a href="mailto:CHQ-CH-Referral@health.qld.gov.au">CHQ-CH-Referral@health.qld.gov.au</a>