

Paediatric Nutrition Screening Tool

The Paediatric Nutrition Screening Tool (PNST) is the first nutrition screening tool for paediatric inpatients which is quick, simple and effective. The PNST has been validated for use for in paediatric inpatients in tertiary and regional hospitals.

Date completed:

Hospital No:		
Surname:		
Forename(s):		
Sex:	Male	Female
DOB:		

Nutrition screening questions

1	Has the child unintentionally lost weight lately?	Yes	No
2	Has the child had poor weight gain over the last few months?	Yes	No
3	Has the child been eating/feeding less in the last few weeks?	Yes	No
4	Is the child obviously underweight?	Yes	No

If 'yes' to two or more of the above:

- refer the child for further nutrition assessment (see contact details)
- check if child is known to a dietitian
- measure weight and length/height
- commence food and fluid intake record.

Contact details

Division / service name:

Hospital / health facility:

Phone:

Email:



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