

Gender identity is how you feel on the inside, this might be different to your sex assigned at birth. **It's ok to get support or information.**

Here are some websites to help:

Headspace
www.headspace.org.au

Open Doors Youth Service
www.opendoors.net.au

Minus18
www.minus18.org.au

InsideOUT – see resources page
www.insideout.org.nz

Reach Out
www.reachout.com.au

QLife
www qlife.org.au

Parents/caregivers

Queensland Children's Gender Service
www.childrens.health.qld.gov.au/services/gender-service/gender-service-queensland-childrens-hospital

Transcend Australia
www.transcend.org.au

Transforming Families
www.transformingfamilies.org.au

Parents of Gender Diverse Children
www.pgdc.org.au

TransHub
www.transhub.org.au/allies/families

PFLAG
www.pflagbrisbane.org.au

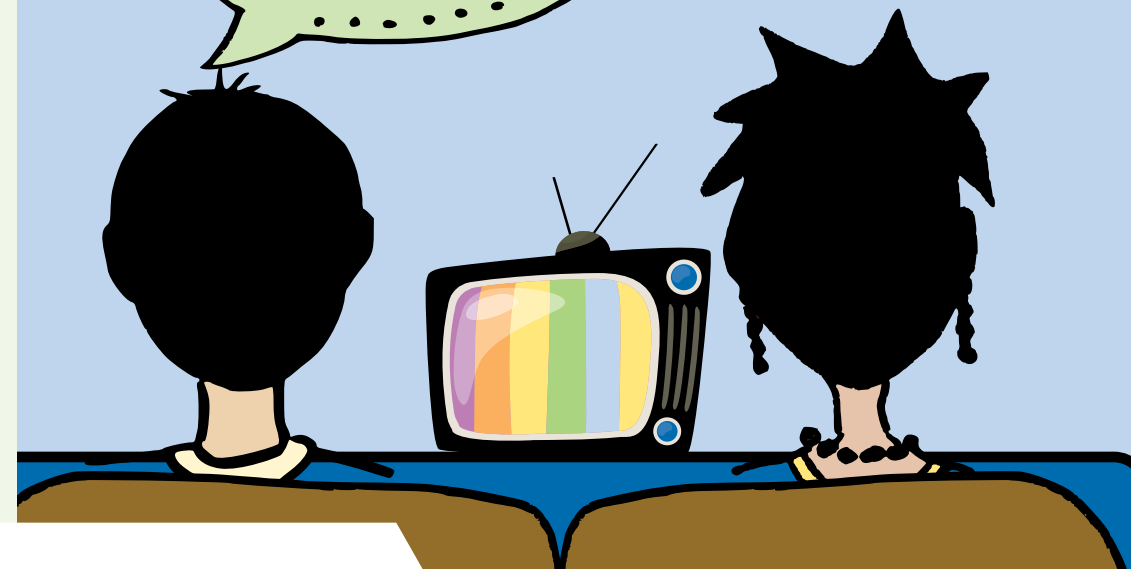
Raising Children Network
www.raisingchildren.net.au

Gender identity

Hey sis,
I have something
to tell you.
I'm Trans

Oh so that's why
you cut your hair and
asked mum to buy
you boy's clothes?

Yeah, those things
help me express
my gender and make
me feel good



Contact us

Queensland Children's Gender Service, QCH 6D Outpatients, 501 Stanley Street, South Brisbane Q 4001
t 07 3069 7377 e CHQ-Gender@health.qld.gov.au w www.childrens.health.qld.gov.au



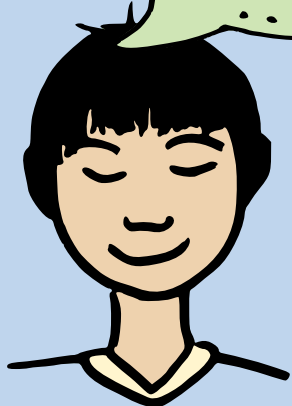
Huh? I like my hair short, it's easier and shorts are way more comfortable



Yeah but that's not the same. I'm a boy inside, that's my identity. Hairstyles and clothes show my gender expression

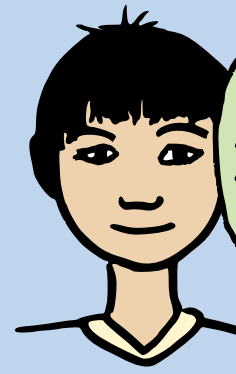
Ah I get it! Identity and gender expression are different. Since you're a boy, should I start calling you my brother?

That would be awesome. Can you use he, him and his pronouns too? I'd really like you to call me Ben as well

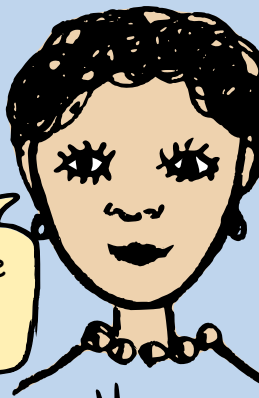


Yeah I think I'm ready. Let's go

Ben... cool... I can do that. Would you like me to help you talk to mum and dad about this?

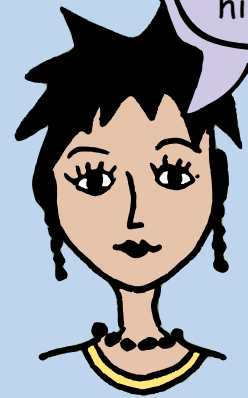


Mum, Dad, I am worried about telling you something important because it might come as a surprise. I'm a boy. I've been thinking about this for a while

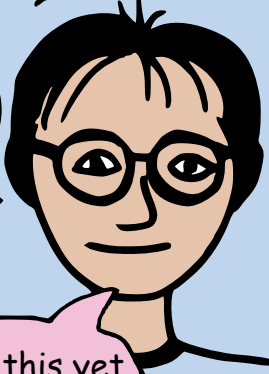


Oh you mean you're trans? Thank you for telling us

He's a boy on the inside Dad. That's why he cut his hair and wears boy's clothes now. He said it makes him feel good



I don't understand. What do you mean?



I don't understand this yet but I will find out more information about being trans. I love you and want to support you

