

Perinatal and infant social and emotional wellbeing consumer network members wanted

Are you a parent or carer who has needed support with your social and emotional wellbeing during pregnancy or early parenthood for yourself and/or your bub in Queensland?

The Queensland Centre for Perinatal and Infant Mental Health (QCPIMH) is looking for representatives from across Queensland to join the *QCPIMH Lived Experience Advisory Partnership (Q-LEAP)*. You can help shape the planning, design, delivery, measurement and evaluation of services and programs for parents and bubs seeking mental health and wellbeing services. Your involvement will help us build an inclusive, family-centred service that provides state-wide perinatal and infant mental health advocacy and support.

What's involved?

Q-LEAP members will be contacted throughout the year as opportunities for involvement arise. Members can decide at the time whether they would like to be involved in the activity as there is no minimum requirement for commitment to the group. Your involvement will provide valuable contribution by helping us with activities such as:

- Reviewing documents and resources
- Participating in yarning circles
- Co-designing new programs and services
- Participating in recruitment panels
- Delivering talks and presentations

Your involvement will contribute to the future of perinatal and infant social and emotional wellbeing in Queensland. This is a unique opportunity for you to help reduce the stigma around mental health and be a voice for infants, families, and carers in your community.

Some activities are volunteer opportunities; and some will be paid through our remuneration policy which will be communicated when activities are publicised.

How to register

[Register online](#) or call or email our team on the details below. Your information will be kept private and managed in accordance with the *Privacy Act 2009*. You will be contacted by a consumer representative and added to our database after we receive your application.

Contact us

Queensland Centre for Perinatal and Infant Mental Health

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Courtney Hala – Statewide Aboriginal and Torres Strait Islander Coordinator PIMH
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Children's Health Queensland pays respect to the Traditional Custodians of the lands on which we walk, work, talk and live. We also acknowledge and pay our respect to Aboriginal and Torres Strait Islander Elders past, present and future.



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