

How to access these books:

- ◆ Buy them online using a site like www.booko.com.au
- ◆ Take this brochure to your local bookshop
- ◆ Take this brochure to your local public library or check the library catalogue online
- ◆ Some of these books may be available to borrow from a health service such as 0-4 CYMHS. Check with your clinician or health worker.

The Queensland Centre for Perinatal and Infant Mental Health (QCPIMH) supports parents, caregivers and communities to have the confidence, knowledge, skills and resources to support their own wellbeing and raise emotionally healthy and resilient children.

Queensland Centre for Perinatal and Infant Mental Health (QCPIMH)
31 Robinson Road
Nundah QLD 4012

t: 07 3266 0300

BOOKS ABOUT...

Going to hospital



BOOKS ABOUT...

Going to hospital

Going to hospital can be a challenging experience for anyone, especially a baby or young child. The books in this brochure may help parents and caregivers support children before, during or after a hospital experience.

As you read these books with the child, notice their reactions. Depending on their age they may:

- look at particular pictures
- point to things that interest them
- want to talk about how the book relates to their own experience

If the child doesn't want to read the story, it may be too close to their own experience and hard to hear. Put the book aside in a place where the child can explore it in their own time.

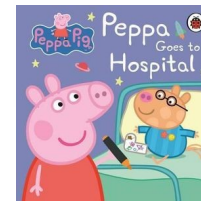
Children sometimes request the same book over and over. Repetition helps them make sense of new ideas.

Hearing the same story again and again can be very comforting.

Not every book is for every child. It's always a good idea to read a book yourself before reading it to a child.

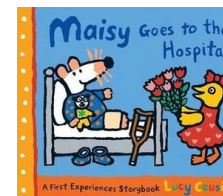
Peppa goes to hospital,
Ladybird books , 2012
Pedro Pony is sick, so Peppa Pig and her friends go with Madame Gazelle to visit Pedro in hospital. Peppa and her friends discover that the hospital isn't so scary after all.

Age range: 0-4 years
ISBN: 9781409312147



Maisy goes to hospital
by Lucy Cousins, 2009
One day as Maisy is bouncing on her trampoline, she bounces a LITTLE too high. Oh, no! What will happen after she falls and hurts her leg? Maisy's friend Charley goes with her to the hospital.

Age range: 0-4 years
ISBN: 9780763643720



The Wiggles explore a hospital
by Jaclyn Crupi 2021
Do you want to know about all the machines in a bustling, bustling hospital? Why do ambulances need noisy sirens? Join The Wiggles as they explore a hospital and find out.

Age range: 0-4 years
ISBN: 9781760509453



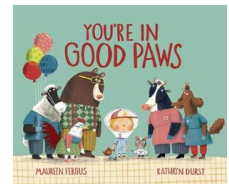
A trip to the hospital
by Freda Chiu, 2021
Hospitals are amazing places filled with clever people all doing incredible things, including making kids feel better! Follow Momo, Rani and Henry on three very different adventures inside a busy children's hospital.

Age range: 3+
ISBN: 9781760526702



You're in good paws
by Maureen Fergus, 2020
When Leo arrives at the hospital, he is surprised to find it run by animals! A funny story about a child's first visit to the hospital, featuring animals in human situations.

Age range: 3+
ISBN: 9780735264663



Next door's dog is a therapy dog
by Gina Dawson, 2020
Leah lives next door to Nan. Every week Nan and her dog Monty visits sick people in hospital. Today Leah is going too.

Age range: 3+
ISBN: 9781760791360

